



# ENGLISH BLUFF ELEMENTARY

*Soaring Toward Success*



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## Family Newsletter #2

**September 26, 2018**

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### IMPORTANT DATES:



October 8  
October 10&11  
  
October 19&22  
  
October 24

### THANKSGIVING – **SCHOOL CLOSED**

Parent Teacher Conferences

– **Early Dismissal 2:00 p.m**

Professional Development Days

– **SCHOOL CLOSED**

Photo Retake Day @ 9:00 a.m.

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## STUDENT PLANNERS

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As you are probably aware, your child (Gr.1-7) has received their student planner. Planners are an effective tool to teach organizational and time management skills, and incorporate many learning outcomes from the Personal Planning curriculum. The planner should be regarded as an effective communication tool between teacher and parent. Please check your child's planner each night for important information coming home from the school.

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## FOR SAFETY SAKE

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Constable Atkinson, Delta Police Liaison Officer, would like to remind EB families of a few “back to school” safety tips to ensure that children are safe:

- **Use the crosswalk** to cross English Bluff Road. Do not jaywalk.
- Students have been asked to not ride their bikes, scooters, skateboards on school property during school hours. They should get off their mode of transportation and walk on to school property.

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### Parent Drivers

- Please do not park in the round-about.
- Respect the speed limit of 30 km/hour in the school zone.
- Our parking lot is an “idle free” zone. Let's keep the air our students breathe clean, by turning off your car engines while you are waiting to pick up your child(ren).
- **When driving onto the school grounds, please keep to your right – do not drive the wrong way into the parking lot. You will notice new arrows have been painted on the driveway indicating the proper direction to take.**
- Consider parking on English Bluff Road and walking onto school grounds to pick up your child(ren).

Thank you for helping to keep our students safe!

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## TERRY FOX RUN

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English Bluff students, staff and many family members had a perfect morning to run for Terry Fox on Monday, September 24<sup>th</sup>. EB donations for this very important cause are still being collected until this Friday. We are very proud to be able to support the Terry Fox Foundation again this year. Well done, English Bluff!!!

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## EB CROSS COUNTRY RUNNING CLUB

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The Cross Country Running Club is up and 'running' again this year. Ms. Sebastian is once again coaching students on the fundamentals of cross country running.



Running Club members will be participating in a couple of running meets scheduled for September 28<sup>th</sup> and October 11<sup>th</sup>. **Our practices are every Tuesday and Thursday at 8:00 a.m.** All students in grade 4 to 7 are welcome to join!!!

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## EMERGENCY PREPAREDNESS

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The PAC Emergency Preparedness Committee is, again this year, updating the classroom Emergency Bins in the next week or so. **We hope that all parents have updated their child's information on Parent Connect, as this information is used for student release and medical information during an emergency.**

For information on Family Emergency Preparedness, please see the Delta School District website:  
<http://facilities.deltasd.bc.ca/emergency-preparedness-resources>.



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## PARENT/TEACHER CONFERENCES

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Our first informal reporting sessions are being held on **Wednesday, October 10<sup>th</sup> and Thursday, October 11<sup>th</sup>**. To accommodate parent/teacher conferences, all students (Grades KN-7) **will be dismissed at 2:00 p.m. both days.**

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A letter regarding Parent/Teacher conferences was sent home today requesting a time that is best for parents/guardians to meet the teacher. **Please return your preferred times slip to the school on or before Monday, October 1<sup>st</sup>.** Confirmation times will be sent home shortly thereafter with your child.



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## GRADE 5, 6, 7 & 8 STUDENTS DELTA PARK & REC PASS

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Students who are Delta residents who were born in 2005-2008, are eligible for a pass with the payment of a \$5.00



administration fee. Simply go to the Customer Service Office at any Delta recreation facility and present proof of birth date and Delta residency, along with the \$5.00 fee.

With the pass, you will be able to attend unlimited drop-in SKATE, SWIM or OPEN GYM sessions. And you can bring along a youth, young adult or adult, at a reduced family admission rate, each time you use your pass!

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## BIKE SAFETY

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**Keep Your Eyes on the Road and Wear a Helmet:** *A reminder to parents and students of the importance of bike safety when commuting to and from school.*

Cycling is a fun, healthy & social way to exercise, be independent, and get around! Students all across Delta School District can be seen every day pedaling to school and home.

Here are some tips and reminders on how to stay safe on your bike.

1. **Wear a helmet.** It goes without saying that wearing a helmet significantly decreases your chance of injury to the brain in the event of a fall or crash... and it's the law.
2. **Be Seen.** Use lights (white = front, red = rear) and reflective clothing, including those that can be seen from the side. Use a light on your helmet - it points wherever you're looking.
3. **Be Aware.** Ride in a straight line and try to be predictable in your movements - effective positioning will help you be seen on the road. Don't use mobile devices or headphones while cycling - stay distraction-free
4. **Lead by example.** One of the best ways to ensure your child is wearing a helmet when they are riding their bike to and from school is for parents to lead by example. When out and about on your bike, be sure to wear a helmet, and communicate proactive cycling safety with your child.

Local cycling not-for-profit HUB CYCLING has some great tips on bike safety:

#### 10 Cycling Tips

<https://bikehub.ca/resources/10-cycling-safety-tips>

#### Be Seen at Night

<https://bikehub.ca/sites/default/files/hub-travelsmart-bikelight-giveaway.pdf>

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### QUIT NOW! WORKSHOP

**Thursday, October 11, 2018**

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Fraser Health in partnership with Delta Libraries and Quit Now is hosting a smoking cessation workshop for the general public on October 11<sup>th</sup> at the Ladner Pioneer Library, 4683 52st Street, Ladner.

Research shows that majority of the individuals that smoke want to quit and half of them try to quit every year.

Do YOU want to quit smoking? Nicotine from smoking is more addictive than heroin and cocaine. Quitting smoking can be challenging, but it can be done! This smoking cessation workshop assesses your readiness, offers strategies to quit, and provides resources to support your journey.

Registration is required. Please call 604-507-5445 to register.

Yours truly,

*M. Smith*

Principal



**DID YOU KNOW:** Every year, the president of the USA pardons a turkey, sparing it from being eaten on Thanksgiving. President Truman started the tradition in 1947.

#### THANKSGIVING JOKES FOR KIDS

**Q: If pilgrims travel on the Mayflower, then what do college students travel on?**  
**A: The Scholar Ships.**

**Q: How did the Pilgrims bring their cows to America?**  
**A: On the Moooooo-flower.**

**Q: What would you get if you crossed a turkey with an ghost?**  
**A: A poultrygeist!**

**Q: Why was the turkey in jail?**  
**A: Fowl play.**

**Q: What kind of music did the Pilgrims like to listen to?**  
**A: Plymouth Rock.**

