



ENGLISH BLUFF ELEMENTARY  
*Soaring Toward Success*



FAMILY NEWSLETTER #3

October 17, 2019

**IMPORTANT DATES:**



October 25

Professional Development Day  
- SCHOOL CLOSED

October 30

Photo Retake Day @ 9:00 a.m.

November 8

Remembrance Day Assembly  
@ 10:45 a.m.

11

REMEMBRANCE DAY  
- SCHOOL CLOSED

FROM THE LIBRARY...

**Birthday Book Club**

The Birthday Book Club is off to a great start!

Happy Birthday to *Holden, Rowan, Melina, Sam G., and Niya*. Thank for the contribution to the English Bluff Library.

If you would like the link and/or more information please visit the library blog and click the 'Birthday Book Club' tab.  
<https://deltalearns.ca/eblibrary/>

**Keeping in Touch**

If you are on Instagram, follow @eb\_librarylearningcommons where I post things we are doing, new books and resources, and other fun stuff.

Website: <https://deltalearns.ca/eblibrary>

Instagram: @eb\_librarylearningcommons

Twitter: @mselkinsLLC

Email: [jelkin@deltasd.bc.ca](mailto:jelkin@deltasd.bc.ca)

**Volunteering**

If you have some extra time to volunteer in the library please let me know. As the book fair and holiday concert comes closer I am going to need some extra help in the library to shelve books and keep things organized. I would be eternally grateful for any help you can give!

**Library Hours**

The library is open Monday to Thursday by 8:30 am. All students and families are welcome to come and read, play a game, do some homework, or other quiet activity until the morning bell. Behaviour expectations are the same as the regular school day. Students need to use the outside library doors, are expected to stay in the Library until the bell, and will be dismissed out the same doors to head to their division line-ups.

## Scholastic Book Fair

This very important fundraiser for the Library is scheduled for November 12-15<sup>th</sup>. Mark your calendars. This is a time for kids to stock up on things to read this winter and parents to buy gifts for the holidays! A notice will be coming home in the near future asking for volunteers to help at the fair, also to set up and take down.

Thank you!

*Ms. J. Elkin,*  
Teacher/Librarian

## EMERGENCY PREPAREDNESS



B.C. is considered a high-risk earthquake zone, so be prepared to be on your own for a minimum of 72 hours by developing a household plan, putting together your emergency kit and connecting with your neighbours. By planning ahead and practicing drills, you and your family will know what to do.

During an earthquake... drop, cover and hold on.

**If you are inside, stay inside. DO NOT** run outside or to other rooms during shaking.

- DROP down onto your hands and knees (before the earthquake knocks you down). This position protects you from falling, but allows you to still move if necessary.
- COVER your head and neck (and your entire body if possible) under

a sturdy table or desk. If there is no shelter nearby, only then should you get down near an interior wall (or next to low-lying furniture that won't fall on you), and cover your head and neck with your arms and hands.

- HOLD ON to your shelter (or to your head and neck) until the shaking stops. Be prepared to move with your shelter if the shaking shifts it around.

What do I do if...

I'm in a wheelchair?

- Lock your wheels and remain seated until the shaking stops. Always protect your head and neck with your arms, a pillow, a book, or whatever is available.

I'm in bed?

- Hold on and stay there, protecting your head with a pillow or blanket. You are less likely to be injured staying where you are. Broken glass on the floor has caused injury to those who have rolled to the floor or tried to get to doorways.

I'm in a high-rise?

- Immediately drop, cover and hold on. Avoid windows and other hazards. Do not use elevators. Do not be surprised if sprinkler systems or fire alarms activate.

I'm in a stadium or theatre? (Must unlink heading and link elsewhere)

- Stay at your seat or drop to the floor between rows and protect your head and neck with your arms. Don't try to leave until the shaking is over. Then walk out slowly, watching for anything that could fall in the aftershocks.

I'm in a store?

- Immediately drop cover and hold on. If you must move to get away from heavy items on high shelves, drop to the ground first and crawl only the shortest distance necessary.

I'm outside?

- Move to a clear area if you can safely do so; avoid buildings, power lines, trees, signs, vehicles and other hazards.

I'm driving?

- Pull over to the side of the road, stop and set the handbrake. Avoid overpasses, bridges, power lines, signs and other hazards. Stay inside the vehicle until the shaking is over. If a power line falls on the car, stay inside until a trained person removes the wire.

I'm near the shore or on the beach?

- Drop, cover, and hold on until the shaking stops. If the shaking is severe and you are in a tsunami risk area, immediately evacuate to high ground. Don't wait for officials to issue a warning. Walk quickly, rather than drive, to avoid traffic, debris and other hazards.

Information provided by Earthquake Country Alliance.

After the Shaking Stops

When an earthquake is over, it's important to stay calm and move cautiously, checking for unstable objects and other hazards above and around you. If you are injured, treat yourself first and then assist others. Also, be aware of the potential for aftershocks - and continue to drop, cover and hold on if you feel them.

Do not call 9-1-1 unless a life is at stake.

For more information on the District's Emergency Preparedness protocols, please refer to the following website.

<https://www.deltasd.bc.ca/district/delta-schools-emergency-procedures/>

## EB RUNNING CLUB

We have 28 dedicated runners in grades 3-7 at EB, who along with their coach, Mrs. Virtanen have braved the elements twice a week in the morning before school to practice for two scheduled meets.

At the Boundary Bay meet, competition was fierce but *Sasha Braid*, *Bowen Robertson* and *Danielle Bilodeau* managed to hold their own and came away with medals. The second meet at Sunshine Hills in North Delta (scheduled for Oct. 16<sup>th</sup>) was cancelled.

A big thank you and job well done to all EB Running Club members for their dedication and effort.

"We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline, and effort." —[Jesse Owens](#), legendary American track star

## Notes from the School Nurse...on Immunization

As children get older, the protection from infant immunizations can wear off. Children can be at risk of new diseases as they enter kindergarten and in their pre-teen and teen years. Routine school-age immunizations are free.

**Students in grade 6 and 9 are immunized by public health nurses at school.**

Information and consent forms for grade 6 students were sent home earlier. Please complete, sign and return the consent form to your child's school by Friday, October 18<sup>th</sup> at the latest.

It is recommended and encouraged that parents/guardians discuss consent for immunization with their children. Tell your child that immunizations are part of keeping healthy. Be positive and talk ahead of time about what to expect.

Keep your child's immunization record in a safe place. They may need it later for school, to travel to other countries or to take to hospital in case of an emergency.

If you have any health related questions, please call, JoAnn Steed, BsN, RN, Public

Health Nurse at 604-952-3550 or go to [www.fraserhealth.ca](http://www.fraserhealth.ca) for further information.

## NON-INSTRUCTIONAL DAYS



Friday, October 25<sup>th</sup>, the staff will be participating in professional development activities. The school will be closed - students do not attend.

## GRADE 6 - FIRST AID COURSE

Again this year, Grade 6 students will be taking the first aid course 'People Savers' on Thursday, October 29<sup>th</sup> and Friday, October 30<sup>th</sup> during the morning in the Library. Our EB PAC contracted *Mrs. Linda MacDonald* to present this very important course to our grade six students. A big thank you goes to the EB PAC for funding the cost of this course.



## DON'T FORGET



Photo retakes will be taken on **Wednesday, October 30<sup>th</sup>**. If your child needs to have a retake, please send them with the original photo envelope on this day to give to the photographer.

## EB CHOIR

Does your child have an interest in singing? A call has gone out to all grade 4-7 students interested in becoming a member of the EB choir. Once again our choir will be led by ***Mrs. Reifel and Ms. Bath.*** Choir practice will be on Thursday afternoon last block.



In addition, an extra pair of pants and shoes is always a good idea to have in the classroom.

Yours truly,

*Ms. M. Smith*

Principal

We invite you to join us at our Remembrance Day Assembly on Friday, November 8<sup>th</sup> where the choir's will be performing for the first time this year.



## RECESS AND LUNCH



Children enjoy their time on the playground no matter what the weather. During their recess and lunch breaks, students will be playing outside as much as possible. The only time they will not go outside to play will be in extreme wet weather. Therefore, we ask that you please dress your child appropriately for the weather on inclement school days (warm coats, boots, hats, gloves).