**The IB Learner Profile at Home**

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| **As IB learners, we strive to be…** | **Ways to help develop this Learner Profile at home:** |
| **Risk-Takers**  Students will have the confidence to try new things. They try to solve problems in different ways. They have the courage to tell people what they think is right. | - If your child is feeling uneasy about trying something, encourage them to attempt it and then reflect on both whether they liked the activity and how it felt to try something new.  - Your child might want to set some short-term goals. Consider activities that make them nervous. Your child might set a goal to:  - Offer an opinion in class  - Spend time with someone new  - Order something different from a menu  - Try an activity they haven’t tried before |
| **Principled**  Students act with integrity and honesty and a strong sense of fairness, justice, and respect for the dignity of the individual, groups, and communities. They take responsibility for their own actions and the consequences that accompany them. | - Involve your child in deciding on the rules for a game or activity and then ensure that they stick to the ones that have been decided upon.  - Encourage your child to play games that involve teams. Discuss with your child the qualities of a team player.  - When your child makes a mistake, help them to find a way to fix it. This might be apologizing to someone they hurt, or fixing something they broke. |
| **Reflective**  Students will give thoughtful consideration to their learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal development. | - Spend some time reviewing your child’s report card with them. They should have the opportunity to look at this document and consider it as well.  - Encourage your child to create a reflection journal or scrapbook about important events. |
| **Open-minded**  Students will understand and appreciate their own cultures and personal histories. They are open to the perspectives, values, and traditions of other individuals and communities. They consider a range of points of view and grow from the experience. | - Encourage your child to try out new things- new food, new games and new activities.  - Expose your child to different festivals, celebrations and traditions. Present them in a non-judgmental way.  - Encourage your child to really listen to others when they speak. |
| **Thinkers**  Students will exercise initiative in applying thinking skills critically and creatively to recognize and approach complex problems, and make reasoned, ethical decisions | - Encourage your child to try to think of solutions to problems independently.  - Pose different real-life problems and questions to your child. |
| **Caring**  Students will develop empathy, compassion, and respect towards the needs and feelings of others. They have a personal commitment to service and act to make a positive difference to the lives of others and to the environment. | - Role model the caring behavior you would like to see in your child. Using kind words, helping people without being asked, being an active listener, all show you care about people.  - After reading a book, spend time considering how people in the book acted. Was someone caring? Were all the characters in the book caring or were just some of them?  - Consider how your family can get involved with community organizations that help others or the earth. |
| **Inquirers**  Students develop their natural curiosity. They acquire the skills necessary to conduct inquiry and research and show independence in learning. They actively enjoy learning, and this love of learning will be sustained throughout their lives. | - Encourage areas of your child’s interest by visiting the library to borrow books that explore these topics.  - Develop an understanding of websites or online games your child uses. Work with your child when the internet is being used and try to instill the understanding that some sites are not reputable or safe.  - Model being an Inquirer. Admit when you don’t know the answer to a problem or a question and seek out answers in front of your child. |
| **Communicators**  Students will understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly in collaboration with others. | - Encourage your child to stay in touch with relatives and friends who live in other places by writing letters, using the phone, or sending an email.  - When working on homework, encourage your child to explain their answer to you orally or by drawing a picture.  - Work with your child to improve their listening skills. Being a good listener is an important part of communicating with others. |
| **Knowledgeable**  Students will explore concepts, ideas, and issues that have local and global significance. In doing so, they acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines. | - Encourage your child to read books at home that correspond to the topics being covered in school.  - Ask your child about what they are learning in school and engage them in conversations about it: “Why do you think that is an important thing to know about?”  - Encourage your child to become familiar with current events: read the newspaper and watch the news, when appropriate. |
| **Balanced**  Students will understand the importance of intellectual, physical, and emotional balance to achieve personal well-being for themselves and others. | - Encourage your child to participate in a wide variety of structured activities.  - Discuss what different types of food do for your body. Spend a few minutes during mealtime deciding if what your family is eating is balanced.  - Role model: spend time as a parent or family doing many different things; make self-care a priority |