



# Eagles News

English Bluff Elementary School  
September 10, 2024



## Welcome Back

Welcome back to English Bluff Elementary School and welcome new families. It has been a great start-up. We are feeling settled and ready to dive into learning. Our PAC & grade 6 families will be hosting the **Welcome Back BBQ on Sept. 12<sup>th</sup>** from 5:00 to 7:00. Please join us on the side of the school & bring a blanket or lawn chair. Welcome to our school this year, Mme Bourgeois (French), Ms. Van Praagh (gr 6/7), Ms. Venn (gr 3), Ms. Lafond (gr 2/3), Ms. Van Aert (gr 2) & Ms. Rufenacht (EA). Returning this year are Mme Ramsbottom (gr 6/7), Ms. Schulz (gr 4/5), Ms. McDonald & Ms. Jorgensen (gr 4/5), Ms. Cvekic (gr1/2), Ms. Kordic (gr 1), Ms. Filice & Mrs. Robinson (K/1), Ms. Moffatt (K) & Ms. Lamer (K & Music), Mrs. Reifel (LST), Ms. Smith (Library), Ms. Forster (EA) and Mr. Reid (Counsellor)

## Terry Fox Run

Students are learning about Terry Fox, the adversity and challenges he had to overcome. Our run will be on **Sept. 17<sup>th</sup>**. We are also proudly collecting 'toonies for Terry' all week. If you would like to make a larger donation, please go to the website: <https://schools.terryfox.ca/74018>

## Things to Check Out

**Our School Website:** Info. about our school calendar, school hours, and more: <https://eb.deltasd.bc.ca/>

### *PAC*

To order Hot Lunch:

<https://englishbluff.hotlunches.net/admin/>  
Contact the PAC: [chair.ebpac@gmail.com](mailto:chair.ebpac@gmail.com)

## Parent Connect

By logging into "Parent Connect" families have the ability to pay IB fees, accept google forms, update emergency contacts, as well as access conference times & report cards. *IB and planner fees paid here.* <https://cimsweb.deltasd.bc.ca/schoolconnect/parentsignon.aspx>

## Curious about IB PYP?

We invite new families, or any that are curious about learning more about IB PYP. Where do your fees go to and what does this education look like? Join us in the evening of **September 28<sup>th</sup>**.

Next week our Run Club will begin! This will be for students in grades 2 to 7. Run club will be on Thursday mornings at 8:00.

## MindUp at EB

This year, our school goal will focus on building emotional resilience through mental fitness. We are using the MindUp program which teaches learners how to regulate emotions, calm the nervous system, and choose kindness and gratitude daily.

## National Day for Truth & Reconciliation

On **September 27<sup>th</sup>**, we will be wearing our **Orange Shirts** to reference the experiences of Phyllis Webstad, a Residential School survivor who had her orange shirt taken from her on her first day of Indian Residential School. We invite you, and your family to engage in these conversations at home. We will be a part of the Delta Truth & Reconciliation Walk on this day.

## School District Emergency Preparedness Fee

As previously communicated to families in the spring (view the letter here: <https://district.public.deltasd.bc.ca/wp-content/uploads/sites/2/2024/05/Emergency-Preparedness-Letter-May-2024.pdf>), the district is introducing a new annual Emergency Preparedness Fee of \$10 per student. This is to cover the maintenance and replenishment of emergency provisions, including food, water and first aid items, to help care for students in case of a large-scale incident such as an earthquake. Please pay this \$10 fee online through Parent Connect.

## Driving to School?

If you drive your child to school, we ask that only our Primary Students are dropped off at the front of the school. If students require

## Staying Healthy & Safe

The routines of washing our hands and giving each other their space are familiar to us. Please continue to observe a **Daily Health Check** and always stay at home if you are feeling unwell. For more information, Please check out this from Fraser Health:

<https://district.public.deltasd.bc.ca/wp-content/uploads/sites/2/2024/08/2024-2025-Fraser-Health-Back-to-School-Letter.pdf>

## Supports for Parents

### Separation Anxiety Parent Resources

Materials to help parents with first time entry into school and return to school.

[https://drive.google.com/file/d/1apP\\_EJZADq0yRpbsD-p81bDT8ljWTisl/view](https://drive.google.com/file/d/1apP_EJZADq0yRpbsD-p81bDT8ljWTisl/view)

## Digital Devices in Schools

Please be reminded that restrictions on the use of cellphones and other personal digital devices came into effect on July 1, 2024. The district emailed families regarding these changes on June 20. You can read the letter

here: <https://district.public.deltasd.bc.ca/wp-content/uploads/sites/2/2024/06/DS-Letter-home-Personal-Digital-Devices-June-20-2024.pdf>

For more information and frequently asked questions, give us a call or visit:

- [Elementary school restrictions](#)

## Hold the Date

**Sept. 12:** Welcome Back BBQ 5:00-7:00

**Sept. 17:** Terry Fox Run

**Sept. 20:** Professional Development Day (School not in session)

**Sept. 24:** Photo Day.

**Oct 2:** Parents sign up for Conferences on Parent Connect

**Sept. 26:** IB Parent info evening in the Library at 5:30

assistance getting in and out of the car, please park the car and support them this way rather than stopping in the round-about.

**Sept.27: Orange Shirt Day** at school

**Sept.30: National Day for Truth & Reconciliation**

**Oct 9: Parent/Teacher Conferences:** (2:00-6:00) early dismissal

**Oct 10: Parent/Teacher Conferences:** (2:00-4:00) early dismissal

Thank you for such a great school start-up!

*Ms. T. Carleton Gaines*