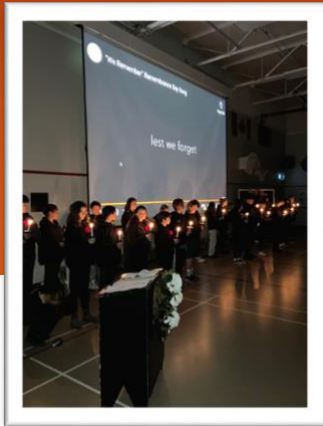


Eagles News

English Bluff Elementary School
December 3, 2024



Highlights

It has been a busy month of learning and events. Our grade 6 & 7s, who joined the volleyball teams, played against other South Delta schools. Thank you to Mrs. Reifel & Ms. Van Praagh for coaching. It was lovely to have so many families attend our Remembrance Day Assembly and a special opportunity for our choir to perform.

Many of our clubs will be winding down before the break, including our choir & Primary Craft Club. The Spirit Club, for students in grades 3-5 have organized some special days this month. (See 'Hold the Date' below). Many of our grade 6s have been involved in the set design for the concert and the grade 7s have collectively written the script to the concert play.

Thank you for shopping at the **Scholastic Book Fair!** Our raised funds will be used to purchase new library resources. Last month we learned the basics of curling with **Rocks & Rings**. Our **Green Team** has also met to discuss ways to educate students about using resources wisely, recycling properly and reducing electricity. We will be having lights out lunches this month!



Things to Check Out

Our School Website - Find out more:

<https://eb.deltasd.bc.ca/>

For current updates on what's going on at school

To order Hot Lunch: (next is Dec 5)

<https://englishbluff.hotlunches.net/admin/>

Contact the PAC: chair.ebpac@gmail.com

Created by Kids items were sent home on Monday

PAC Bake & Craft Sale

The PAC is looking for **baked goods and crafts for the Dec 6th** sale at EB!

Craft drop off is Dec 3rd in lobby (after 8:15) Baked Goods drop off is Dec 6th 8:15-8:45am

All are welcome to stop by for some holiday shopping!

Students will have an opportunity to purchase baked treats and/or crafts, if they wish.

Items will be \$1-\$10 – small change only please!



Hot chocolate bar outside from 3-4pm

Upcoming Events

December will surely be a festive month. We are kicking it off with our **Food Drive to support Deltassist**. On **Monday, Dec 9th** students, whose

families purchased wreaths, will be **decorating** them for this PAC fundraiser. **Report cards** will be available to view on Parent Connect on **Dec 18th**. We invite family members to join us for our **Holiday concert, Sabrina Claus in the Big City on December 12th** at 1:15 or



6:30pm. This will be hosted in the gym. Families will have a chance to order 2 tickets each. We encourage additional family members to attend the matinee performance. Our **pancake breakfast** will be on **December 17th**. Tickets are \$5/person and will be available to purchase on Parent Connect on Dec. 5th to 12th

What Does being Mindful look like at EB?

This year we are focusing on a **Social Emotional Learning** Goal and we are using the MindUp program to support our teaching & learning. Our inquiry question is: *How will intentionally teaching self-regulation strategies help students manage their emotions to better succeed academically and socially?*

- We learn about **resilience**. Here is a video to check out and discuss: [Resilience Video](#). Resilience is built by facing difficult emotions, knowing it's okay to feel upset, and trusting you'll feel better. We are discussing these words daily in class.
- We continue to practice being mindful, noticing how our actions affect others and the classroom. We are focused on **making principled choices, doing the right thing even when no one is watching**.
- Each day, we emphasize that **kindness is a choice and that while it isn't easy, it's a choice we can make**.



I hope reinforcing this message at home daily and at school will have a positive impact to create a supportive environment between peers, and students with adults.

PJs with a Purpose

On **December 17th** we invite you all to wear your PJs to school. We will be accepting donations to give to West Coast Kids Cancer Foundation during their **PJs with a Purpose** fundraiser. Find out more here: <https://wckfoundation.ca/pjs-with-a-purpose/#why-pjs>

Parking Lot

Thank you for being conscientious about your parking. We recognize that getting to school in the morning can be a stressful time. However, we want all of our staff & students to arrive safely. The parking lot is reserved for staff, Kindergarten drop-off & preschool drop-off in the morning. Please do not stop and get out of your vehicle in the round-about as this will disrupt the flow of traffic. Also, our neighbourhood police officers have asked us to remind you that young children should be in car seats in the back seat only. Thanks😊

Hold the Date

Please be sure to pay your IB fees. The next installment will be due Jan 31, 2025.

Dec 5: Hot Lunch

Now to Dec 13: Food Drive

Dec 6: Red & Green Day /PAC Bake & Craft Sale

Dec 9: Wreath decorating

Dec 12: Holiday Concert at 1:15 & 6:30 (tickets required in evening)

Dec 13: Holiday Hats Day

Dec 17: Pancake Breakfast (Tickets are \$5) also PJs with a Purpose fundraiser

Dec 18: Reports available on Parent Connect

Dec 19: Jingle Bell fun run

Dec 20: Holiday sweater day & last day before winter break

Jan 6: School back in session

*Thank you,
Ms. T. Carleton Gaines*